

*Students in High School Algebra  
Build Pharmacokinetic Models  
Using System Dynamics*

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*Innovations in Collaborative Modeling Conference, MSU 2016*



# Definition of a System

A system is a set of things - people, cells, molecules, or whatever - interconnected in such a way that they produce their own pattern of behavior over time.

A system must consist of three kinds of things: *elements*, *interconnections*, and a *function* or *purpose*.

Donella Meadows

The purpose of most system dynamics studies is insight. The overarching goal is insight into the *connections* between system *structure* and system *behavior* captured in graphs of dynamic patterns over time.

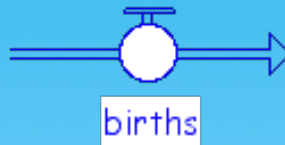
George Richardson

# The Software: STELLA

Stock



Flow



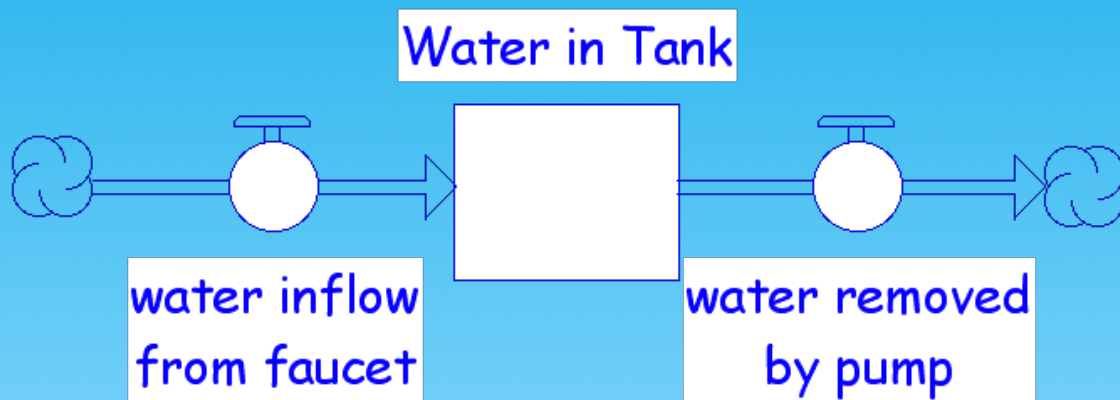
Converter



Connector

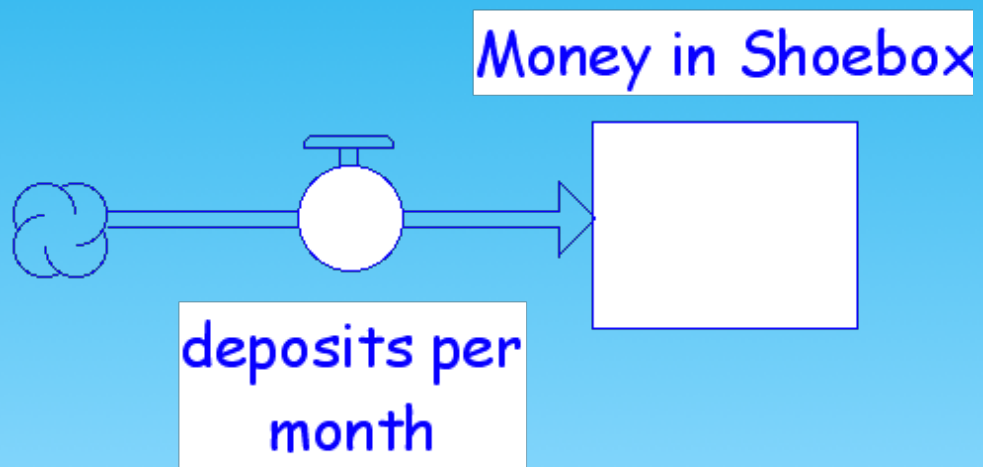


# Example of Simple Model



# Linear Growth Model

Constant inflow





# *Drug Model 1*



# Emergency Room Problem

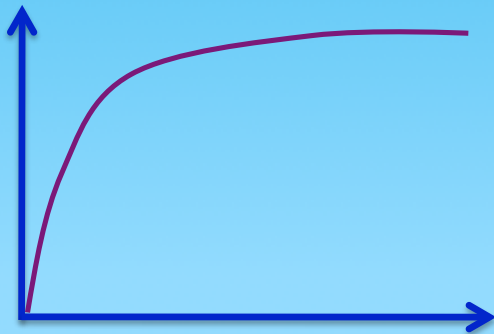
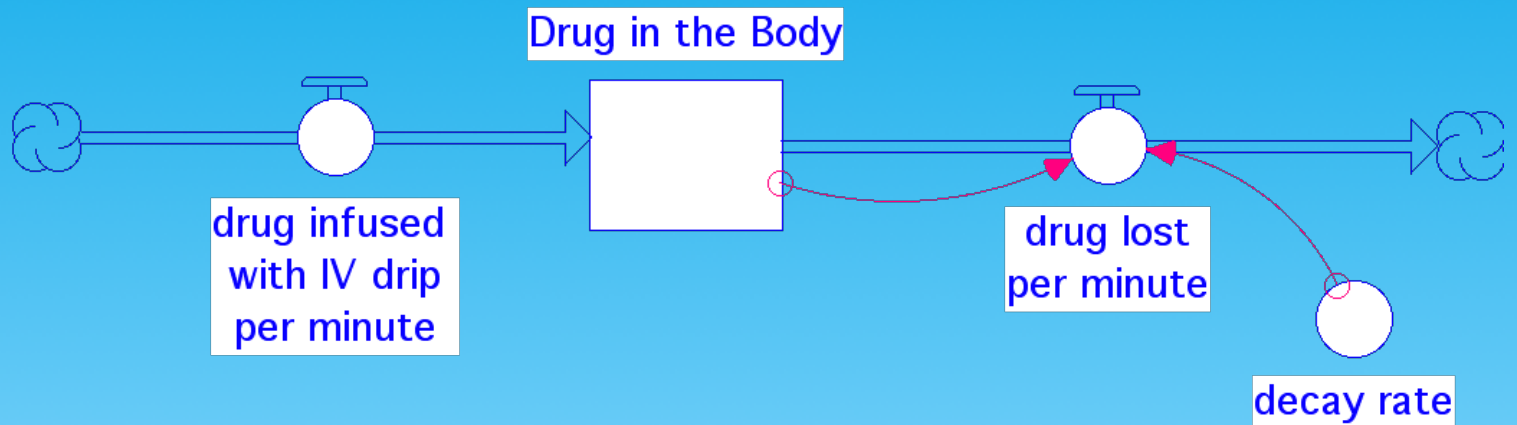
You are a medical resident (doctor) working in the emergency room and a patient comes in who needs immediate medical attention.

From your analysis you decide to connect this patient to an IV drip that will supply 1 g of therapeutic drug per minute.

This person, you estimate will metabolize the drug at about 0.55% per minute.

What is the pattern of drug level in the body over 24 hours?

# Predicting the Behavior



# *Drug Model 2*

# Emergency Room Problem

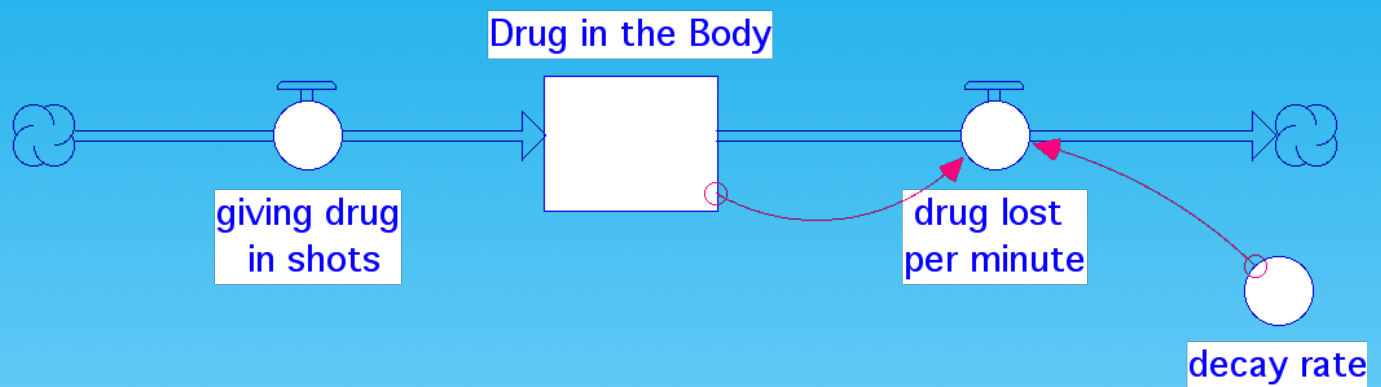
You are a still working in the emergency room.

A second patient arrives and you decide to give this patient a **shot containing 500 mg of a therapeutic drug every 4 hours.**

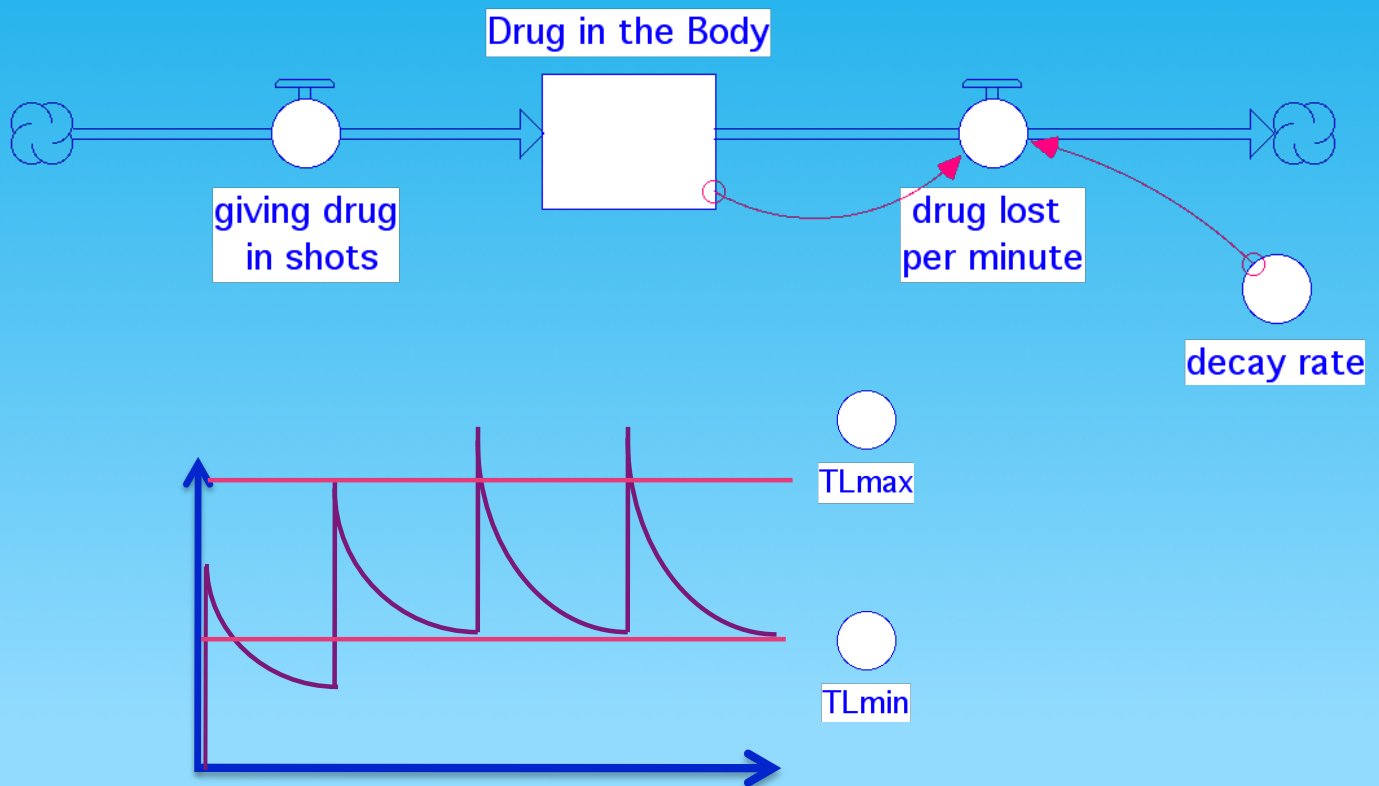
This person, you estimate will **metabolize the drug at about 0.5% per minute.**

What is the pattern of drug level in the body over 24 hours?

# The Stock/Flow Diagram



# The Simulation Results



# *Drug Model 3*

# Emergency Room Problem

It is a busy night in the emergency room.

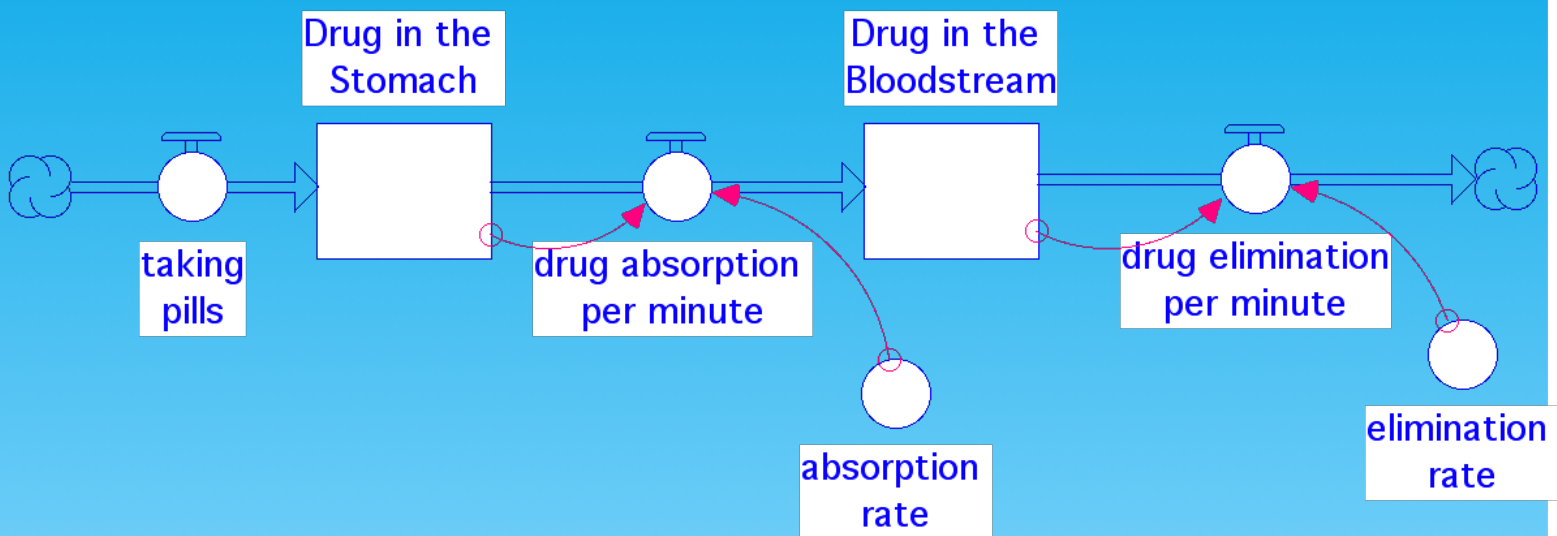
A third patient arrives and you decide to give this patient 2 pills of 375 mg (each) of a therapeutic drug and tell them to continue taking 2 more every 4 hours.

This person, you estimate will absorb the drug from the stomach to the bloodstream at about 4.5% and metabolize the drug at about 0.55% per minute.

What is the pattern of drug level in the body over 24 hours?



# The Stock/Flow Diagram



# *Drug Model 4*

# The Situation

We will consider the level of blood alcohol concentration in an adult male of about 150 pounds who has consumed six 12 ounce beers in two hours.

We will then use this model to experiment with other scenarios:

- different body weights
- different types of alcohol
- whether the drinker has food in his stomach
- male versus female drinker
- social drinker versus an alcoholic

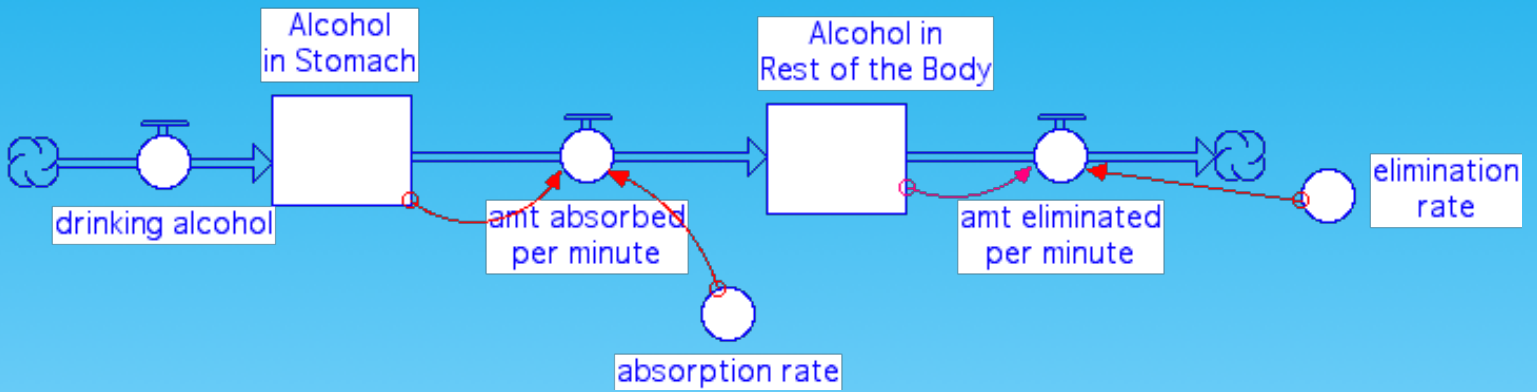
## More Details

Since the alcohol will enter the stomach and then be absorbed into the bloodstream, we will use the basic **two compartment structure** of drug model 3 as our starting point.

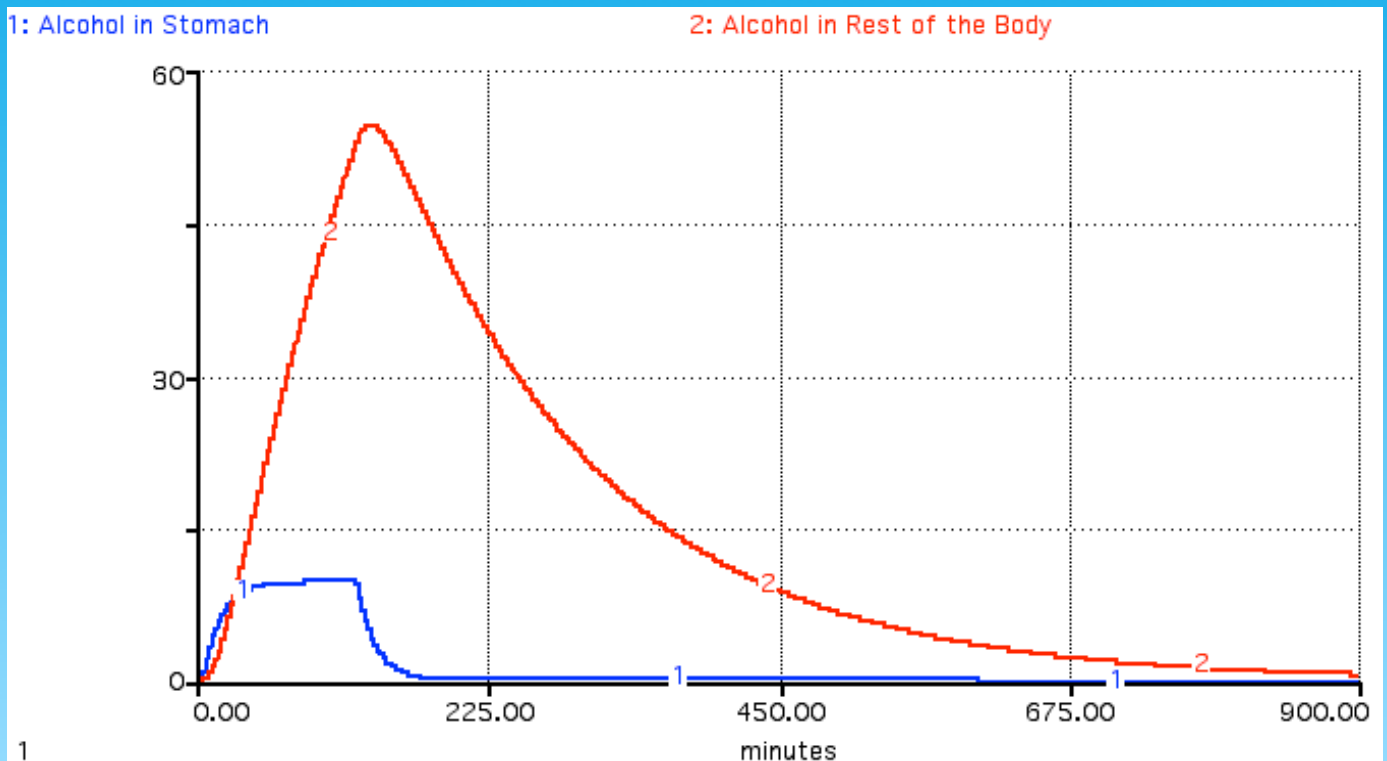
We will assume the person who is consuming the alcohol will be **sipping the alcohol at a slow steady pace for two hours**, so the inflow will be constant, and turned off after two hours.

The normal **absorption rate** will be about **7% per minute**. The normal **elimination rate** will be **0.6% per minute**.

# The Starting Stock/Flow Diagram

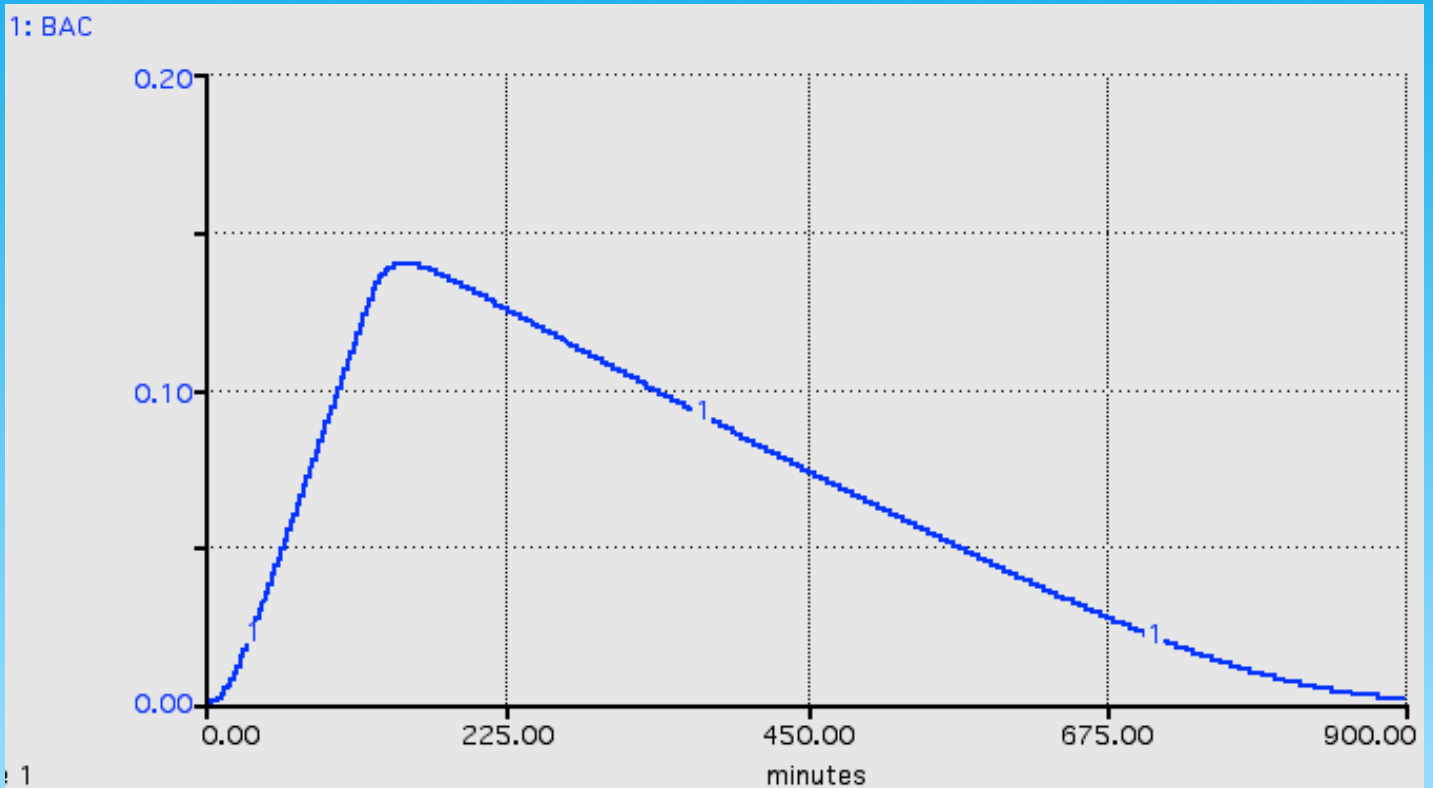


# The Starting Behavior of the Stocks



1

# More Accurate Model Produces Much More Accurate Behavior



## Resources

### 1. Online Courses in STELLA Modeling

[www.ccmodelingsystems.com](http://www.ccmodelingsystems.com)

### 2. STELLA Software

[www.iseesystems.com](http://www.iseesystems.com)

Books of Lessons: [www.iseesystems.com/store/k12.aspx](http://www.iseesystems.com/store/k12.aspx)

### 3. Creative Learning Exchange

[www.clexchange.org](http://www.clexchange.org)

### 4. Contact: Diana Fisher

[fisherd@pdx.edu](mailto:fisherd@pdx.edu)



*Thank You*



*Extra*

# A Year-Long System Dynamics Modeling Course for Students Grades 9 - 12

Prepare students to identify and analyze problems in the world from which they can gain understanding by building and analyzing System Dynamics models.

Develop skill in model building, in analyzing model design and output/feedback, and in explaining what they learn.

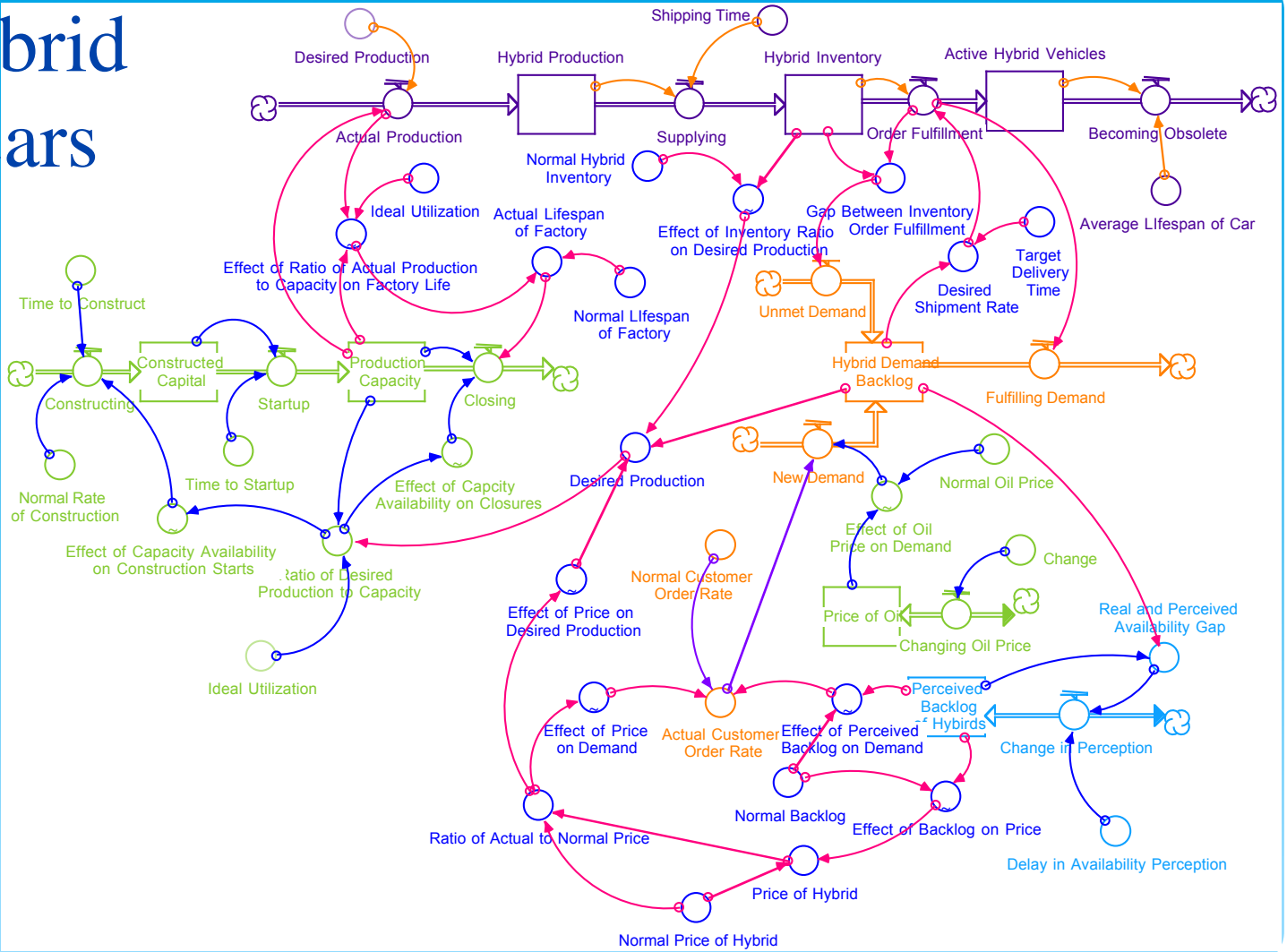
(Course taught for 20 years to students grades 9-12.)



*A Few of the  
Original SD Models Produced  
by High School Students*

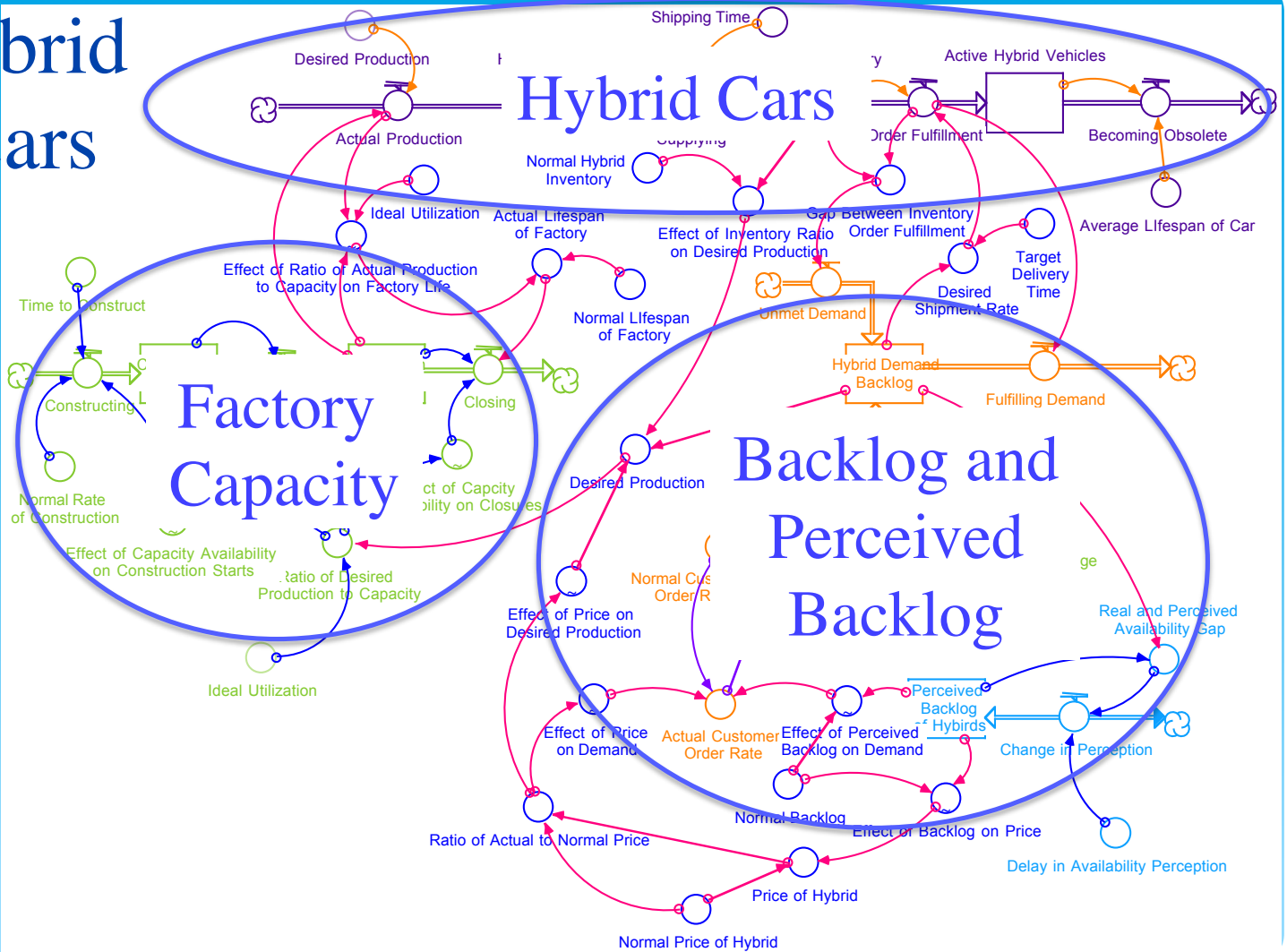
# Hybrid Cars

age 18



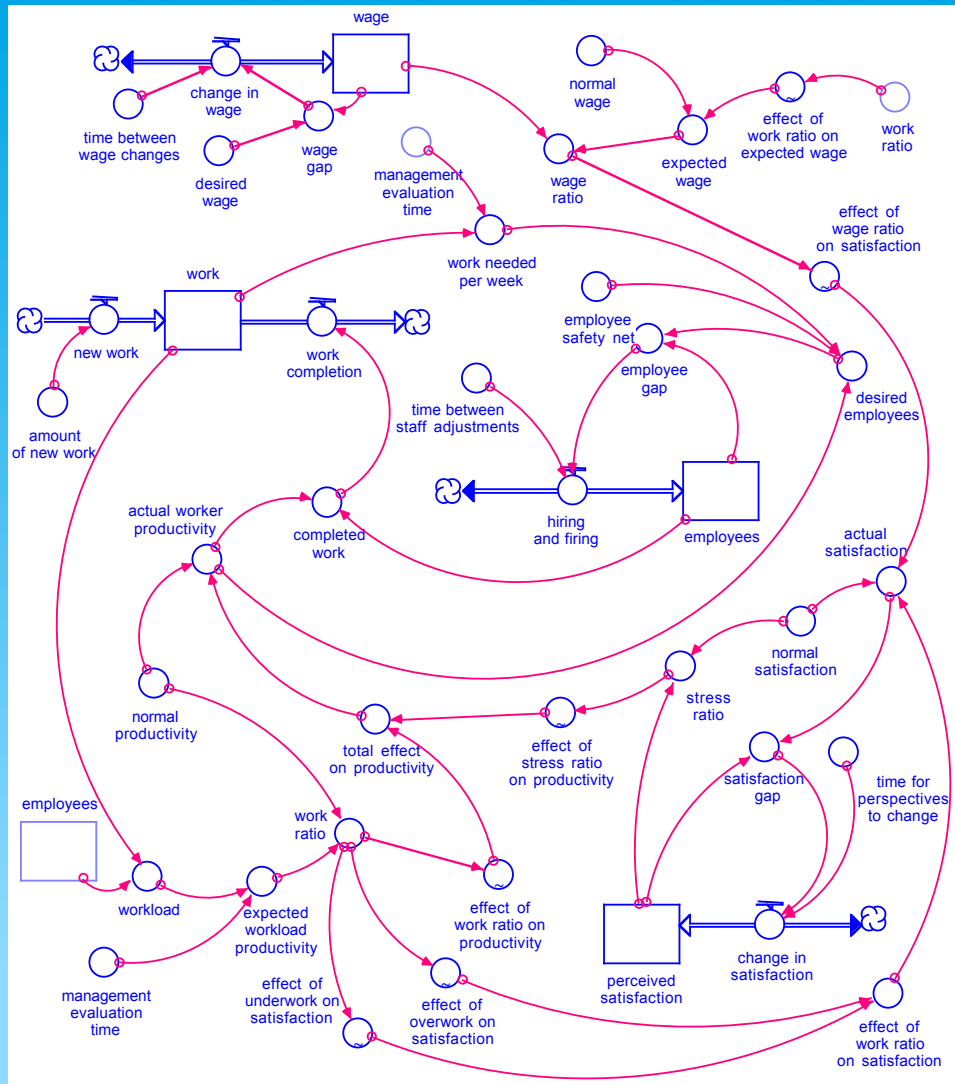
# Hybrid Cars

age 18



# Workforce Pressure

age 18

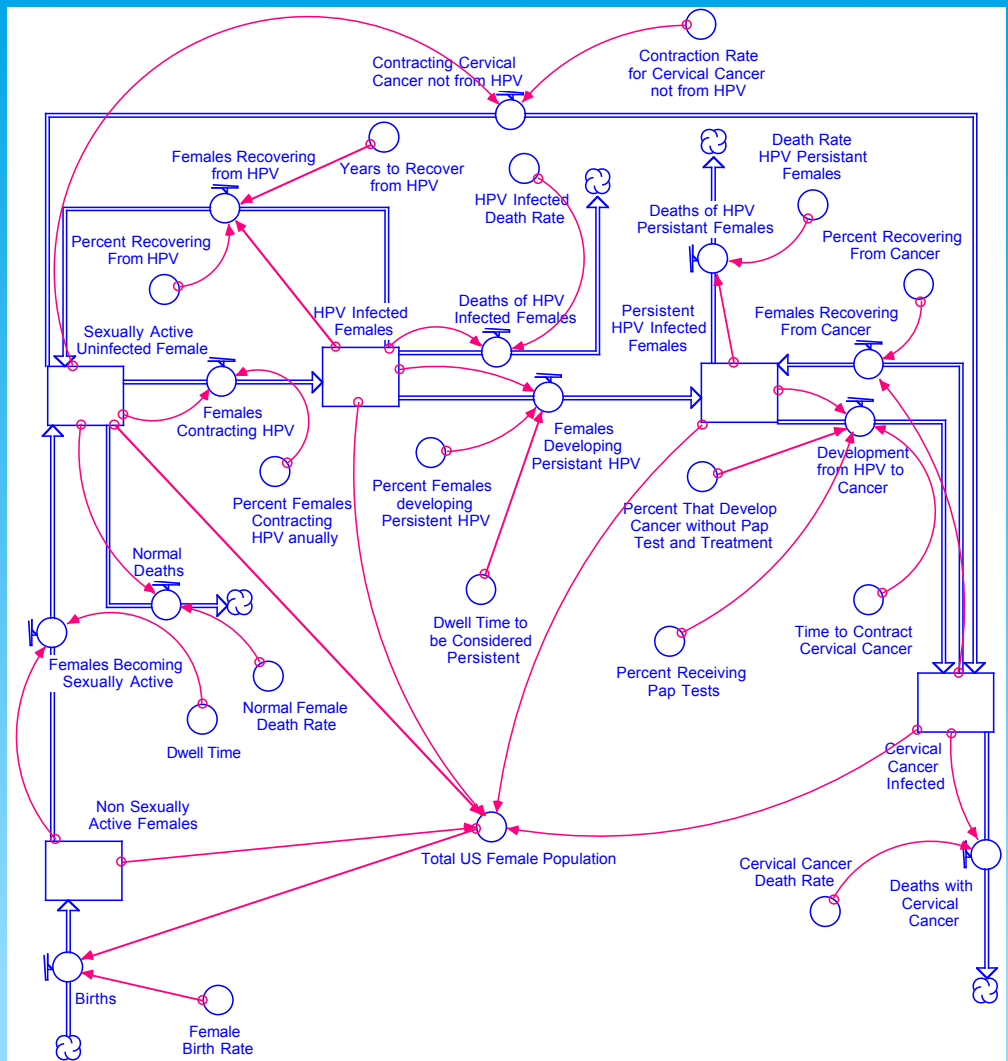






# Cervical Cancer

ages 16

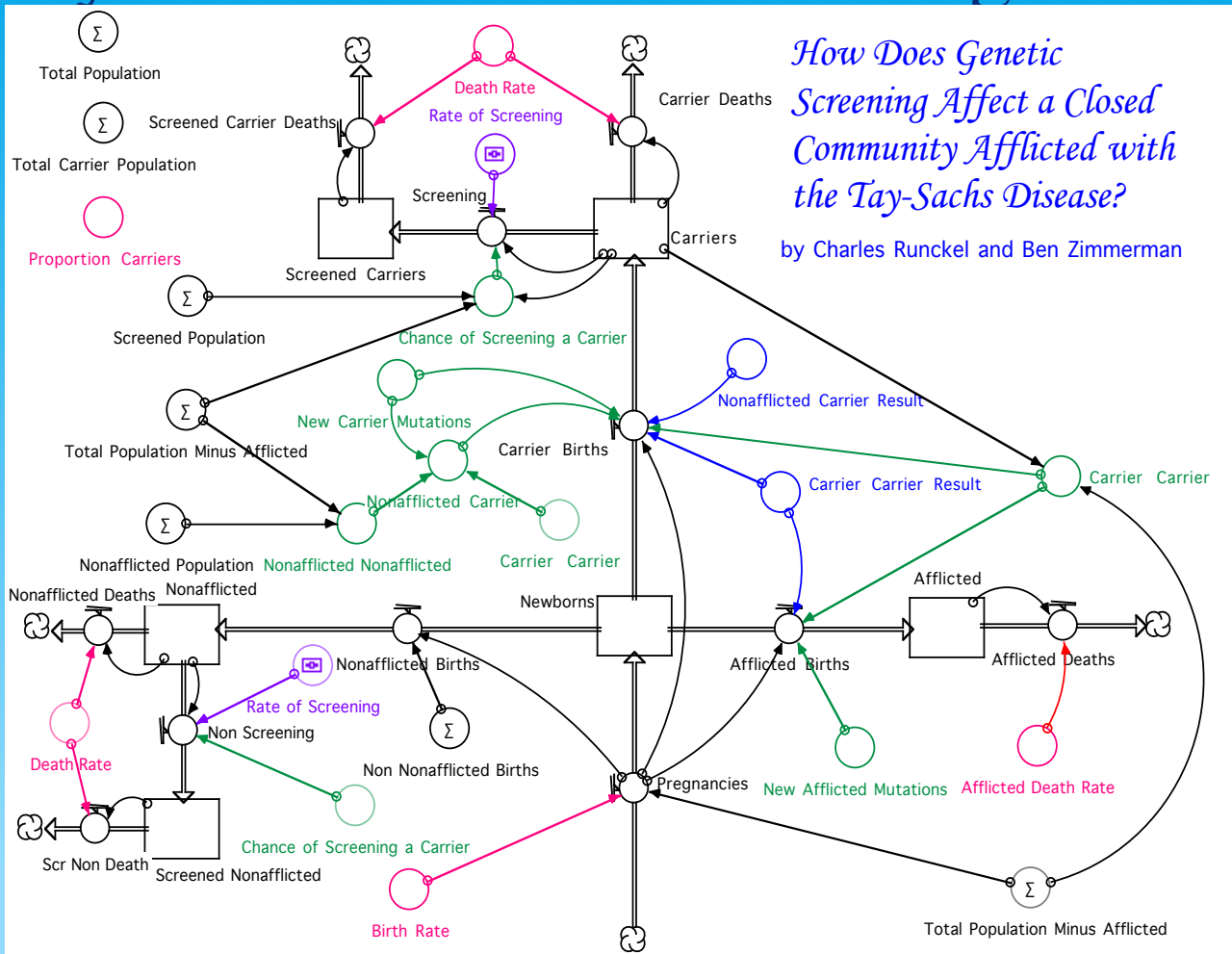


# Tay-Sachs Genetic Screening

ages 16

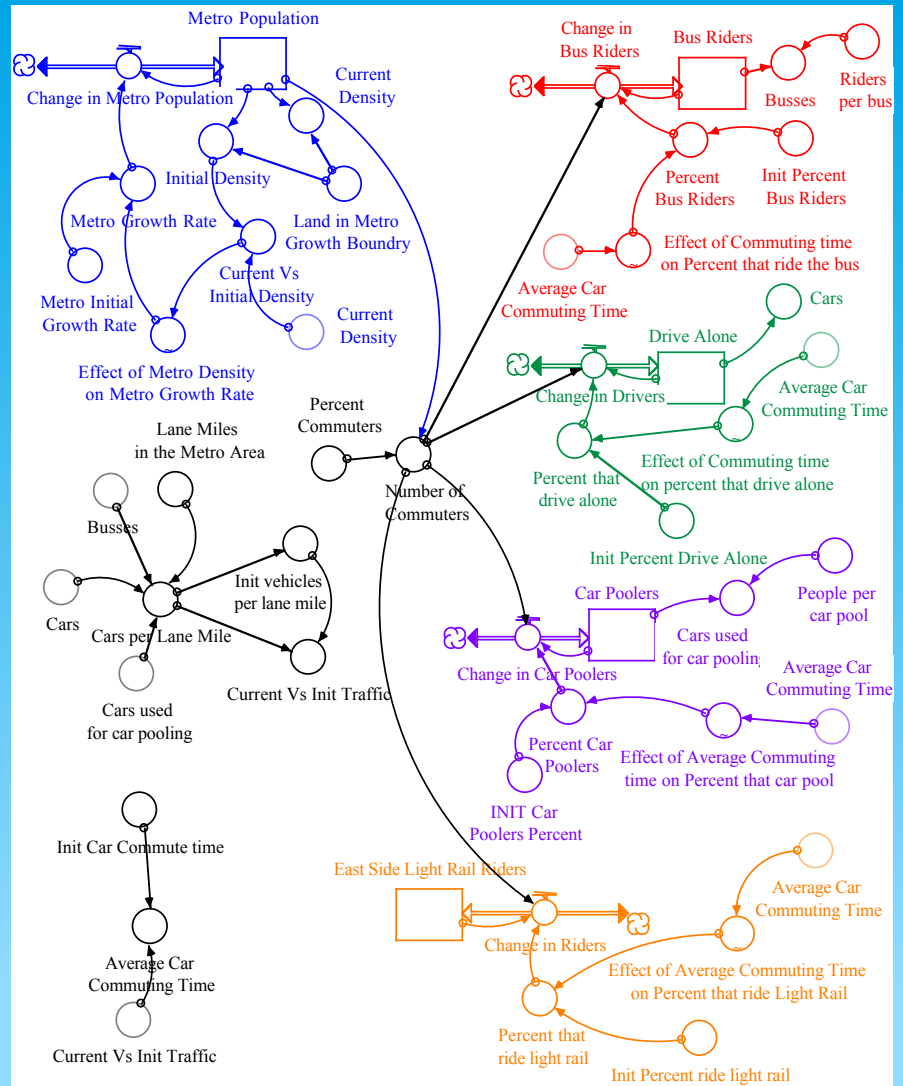
*How Does Genetic Screening Affect a Closed Community Afflicted with the Tay-Sachs Disease?*

by Charles Runckel and Ben Zimmerman



# Portland Traffic

ages 15



## Resources

*Some Student Work*

*Model Diagrams, Papers, Some Video Presentations*

<http://www.ccmodelingsystems.com/student-projects-highlights.html>

<http://www.ccmodelingsystems.com/student-projects-videos.html>

<http://www.ccmodelingsystems.com/student-projects-other.html>

